

upgrading the status, improving the legal system, applying science and technology, and promoting diversification, internationalization and high-quality development, so as to achieve rapid progress and contribute to the overall development of the country.

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The significance of the relationship between Chinese excellent traditional culture and dance aesthetic education

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Abstract:

China's traditional culture offers rich aesthetic education, including beauty of various aspects. This spirit is crucial for cultural confidence and quality, and vital in education and sustainable development.

In ancient China, Confucius established an education system centered on "rites and music" to teach the "six arts," emphasizing "music" as an artistic synthesis that integrates ethics, morality, and aesthetics. The "An-alects of Confucius" highlighted the qualities of both literary talent and

simplicity in a gentleman, influencing modern humanistic thought. However, current dance education focuses too much on technique and neglects character development, contrary to the original intention of aesthetic education. Thus, integrating the aesthetic education perspective of "Shiji and Le Shu" with modern values holds great significance for contemporary dance aesthetic education.

Aesthetic education and moral education complement each other, and their integration is more far-reaching. In the process of personal growth, morality occupies a pivotal position, and people in all walks of life should regard "morality" as the primary criterion, and the importance of moral level is self-evident. Therefore, in the dance teaching, we should also properly integrate moral education, so as to cultivate the moral cultivation of students, so that they can be improved in the moral level while learning art [1].

As a treasure of ancient Chinese culture, the aesthetic education thought contained in Shiji and Le Shu provides valuable cultural resources for the aesthetic education of modern dance. Through in-depth excavation and inheritance of these cultural essences, it is possible to enhance our own cultural self-confidence, and innovate on the basis of inheriting the tradition, so as to promote the continuous progress and development of dance aesthetic education [1][2].

"Shi Ji Le Shu" believes that music is closely related to people's feelings, music is not only the expression of people's feelings, but also can have a profound impact on people's feelings. The process of music education is also the process of emotional education for the people.

The book of "Shi Ji Le Shu" emphasizes the importance of ritual and music culture in cultivating personality and transmitting moral aesthetics, and dance, as a part of it, carries on moral education and emotional edification to individuals. Its educational power transcends time and space and has a profound impact on contemporary dance aesthetic education. The book points out that the spread of Zhengle can improve personal quality, change social customs, and achieve social stability. Therefore, aesthetic education is closely connected with social development, and dance aesthetic education is not only a way of personal cultivation, but also an important force to promote social progress [3].

Dance aesthetic education is an important way to carry forward the excellent traditional Chinese culture, and its value has been fully reflected in many aspects. First of all, the form of dance, not only has a unique artistic

aesthetic characteristics, but also can cultivate sentiment, physical and mental pleasure, enhance the spiritual realm, and the internal requirements of aesthetic education are highly consistent. Therefore, dance education has become an effective means to promote the healthy development of students' body and mind, enrich their spiritual outlook and perfect their independent personality. Excellent traditional Chinese culture is the spiritual lifeblood of the Chinese nation, and dance, as an important part of it, carries profound cultural connotation and national spirit. By integrating traditional culture into dance teaching, dance aesthetic education can enhance students' understanding and acceptance of traditional culture, help them build cultural self-confidence and master Chinese artistic expression. In addition, the dance aesthetic education not only inherits the excellent traditional Chinese culture, but also has the function of innovation and development. Through exploring the aesthetic education system with traditional culture as the core, we can promote the deep integration of dance education and traditional culture, and realize the common development of culture and dance. For example, the dance public art course of Beijing Normal University emphasizes the characteristic innovation under the guidance of national policies and the use of multimedia technology to strengthen the effect of aesthetic education. Modern TV dance programs also play an important role in carrying forward and spreading the excellent traditional culture of the Chinese nation, interpreting the essence of culture with classic themes, and expanding the dissemination scope through the network platform to form a new cultural fashion [4]. Taking Chinese classical dance as an example, as the representative of contemporary Chinese excellent traditional culture and art, it carries the essence of Chinese traditional culture and has become an indispensable part of quality education. The aesthetic education course of Chinese classical dance relies on Chinese traditional aesthetics as cultural support and takes dance vocabulary as practical means to promote national spirit and fine traditions, help students to understand beauty, classical culture and etiquette culture, and enhance the sense of belonging to traditional culture. At the same time, the curriculum excavates the moral education elements in traditional culture, cultivates students' national feelings and pride, and comprehensively uses curriculum teaching, thematic activities and moral practice to make civilized etiquette education run through students' study and life, and develop good character and behavior habits. Through art exhibitions and other activities, combined with knowledge of sinology, music and poetry, we can

stimulate students' aesthetic perception, enhance their appreciation and artistic expression ability, and promote students' all-round and healthy growth.

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**Некоторые аспекты эмоционального интеллекта
студентов инженерно-педагогического факультета**

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